

Community News –16 August 2017

MindPlus Open Morning

Thursday 17 August 9 am – 12pm in Room 7 at Cardinal McKeefry School

MindPlus is a class for Primary age students run by The New Zealand Centre for Gifted Education. Interested Parents and Staff welcome.

Family Nutrition Course for Busy Parents

Tips for fussy eaters, lunch box ideas, understanding food labels and more!

Starts **Thursday 17 August**, limited places available.

To book or for more information, go to <http://www.cecwellington.ac.nz/courses/1282-healthy-eating-for-your-family>.

Sustainable Living with Wendy

Thursday 17 August 12pm Community Space area, Wadestown Library

Join Wendy, from the WCC Waste Minimisation team as she talks about the Love Food Hate Waste campaign and some simple ways to make changes to your lifestyle to reduce your waste to landfill, and make the most out of your food!

JP Services

Two local Justices of the Peace – Bill Barrett JP and Bethney McLennan JP, have kindly agreed to be available for JP services at Wadestown Library on a fortnightly basis or at home by arrangement, **from Tuesday 15 August**.

Coffee, Cakes and AGM

Are you interested in what happens in Wadestown? Do you have things you love about how our community works? Maybe there are things that would make it even better for you and your family.

Join the Wadestown Residents Association for our 2017 Annual General Meeting.

At our 2017 AGM we'd like to hear your ideas on what might make Wadestown an even better place to live and work. We're keen to hear a range of views and to tap into the skills and experience of the people of Wadestown. Ultimately we'd like to build a group of locals who can meet occasionally and turn some ideas into reality for our community. All this with a cup or tea in hand and a bit of cake to nibble on.

Sunday 20 August 2.30 pm, Wadestown Community Centre, Pitt Street

RSVP wra@wadestown.info so we know how many cakes to bake!

If you want to be involved but can't make the date then please call me. Brendan Tracey on behalf of the WRA (027 4503313)

Do You Want to Play Junior Softball?

Johnsonville Junior Softball is looking for players for T-Ball, Mini-Pitch and Softball, ages 5-16.

Come and play a family friendly sport.

Softball has a strong history in NZ with the Black Sox having won their 7th World Championships this July. Come along to our registration events: **Sunday 27 August 12pm-1.30pm, Thursday 31 Aug 6pm-7.30pm**. At the Phillip Street Clubrooms (corner of Phillip Street and Broderick Road,

Johnsonville) Registration Fee-includes uniform and team photo:

\$70 for 1 child, \$130 for 2 children, \$160 for 3 children, \$180 for 4 children

Interested in learning more? Go to www.jvillesc.org.nz

Come and Play Tennis - Everyone Welcome!

Opening day is Tuesday 29 August from 9.30am, 18 Campbell Street

Karori United Midweek Tennis Club caters for people of all levels from beginners upwards, interclub and social players, male and female. New members are always welcome to come and join in for a couple of weeks before signing up, and childcare for preschoolers is provided during our club mornings (Tues and Thurs). We are a friendly welcoming club so come, have a look and give tennis a go! Coaching is available.

Interclub players please sign up by Friday 1st September. Senior club also available for weekend and evening tennis. Further details at www.karoritennis.co.nz

Under The Big Top - A family friendly show by The Circus Hub and Orchestra Wellington

Saturday 2 September 3pm at the Michael Fowler Centre

See death-defying aerial performers, sensational stilt dancers, jugglers, tumblers and clowns when Orchestra Wellington combines with The Circus Hub for a spectacular family show.

"We combine some of New Zealand's finest circus performers in a show that will appeal to all ages," says Music Director Marc Taddei. "You'll be astounded by the acrobatics and laugh at the clowns as they perform to exhilarating music! It's a great way to entertain your kids while introducing them to the magic of the orchestra."

The orchestra will play music to stir the imagination including favourites from Bizet's Carmen, Tchaikovsky's Nutcracker Ballet and Saint-Saens' Carnival of the Animals.

<http://premier.ticketek.co.nz/shows/show.aspx?sh=OWBIGTOP17>

Bellevue School (Newlands) Golden Jubilee

Please join us on **Saturday 16 September, 11am to 3pm**, Bancroft Terrace, Newlands for our celebration event!

It kicks off with an opening ceremony (blessing, speech from the Mayor, Powhiri and placement of a time capsule). There will be performances by the school, decade photos, entertainment, fun activities and games.

For more information, follow us on Facebook or email us at: bellevuejubilee@bellevue-newlands.school.nz

Gold Coin Entry

Mind Health for Parents

17 September at Karori Anglican Church \$20 per person & \$30 per couple 3.30pm – 5.30pm , 170 Karori Road

Parenting isn't easy, and not for the fainthearted. As parents, we want the best for our kids and at times can wonder if we're getting it right. You are not alone. This seminar will help you discover strategies to outsmart your kids as well as meet their deep needs. Learn how to become more resilient and less reactive. You will be taken on a *practical and light-hearted* journey to strengthen you as a parent and find ways to raise capable kids. To register email: office@thesmashclub.org.nz

Childcare for children 5 and over available: \$5 per child (includes pizza) - drop off 3:15 pm at The SMASH Club Hall. Please note this on your registration (limited spaces)

Seminar presented by: Richard Black, MCouns (Distinction), MNZAC, Strength to Strength <http://www.strength2strength.co.nz/> Director

"Current of Grace' Conference

"Celebrating the diverse fruits and family of the Catholic Charismatic Renewal in New Zealand"

When: **Friday 22 – Sunday 24 September 2017-06-23**

Where: **Distinction Hotel and the Cathedral of the Holy Spirit, Palmerston North**

Guest presenters include Bishop Denis Browne, Fr John Rea, Diana Ingle CCRNZ Chairperson. Ann Brereton from ICCRS will share on 2017 Vatican report Pope Francis's exciting new plans for us all!

For further information and to register on-line visit www.ccrnz.org/register2017

For further information please contact Val Morrison Tel: 07 542 5537

Mandarin Foreign Language "Learning by Doing" immersion classes for Years 1

to 8 are being offered at Northland Memorial Community Centre in Term 3, Tuesdays 3:20pm - 4:10pm, \$150 a term.

These are small, social classes and based on conversation & fun, interactive activities. We don't use colouring-in worksheets or whiteboards, as the emphasis is on developing verbal and listening skills. Enrol online at www.nihaocc.org.nz

You can also learn some Mandarin Chinese online, anytime at our YouTube channel **SAY IT AGAIN: Ni Hao Children's Community TV!** View it online at: tinyurl.com/nihaoacctv (This is a FREE learning resource, including stories, cartoons, songs for kids of all ages.



Tennis Holiday Coaching Programme – October School Holidays

We are pleased to confirm that we will be running Holiday Coaching Programme in both weeks of the School Holidays at Karori United Tennis and Thorndon Tennis Clubs.

The coaching programmes offer the benefit of a high volume of coaching hours, so there is an opportunity for big improvements made in a short time frame. Spot prizes, games and loads of fun in the sun!

To enrol or for more information please email us capital.coaching.nz@gmail.com or www.capitalcoaching.co.nz

Foundation Coaching for 6-12 year olds, who don't yet play interclub (no previous tennis experience required) 9am-12pm (Mon – Fri price: \$190)

Competitor Coaching for 8-14 year old Interclub and Tournament Players (players younger than 8 will be considered on ability) 1.00-4.30pm (Mon – Fri price \$200)

All Day Coaching Programme targets all players, and is designed for the working parent. Drop off from 8.30am, with pick up by 4.35pm. (Mon – Fri price \$400)

Full Day (\$80) and half day (\$45) sessions available.

Term 4 Tennis Coaching If you are interested in registering for our after-school tennis programmes in Term 4 2017, please email us. We are offering a range of group and individual lesson slots. We will be taking **registrations online** and at the **I Love Tennis Open Days at Karori United Tennis Club** on 9 and 10 September 2017 between 1-3pm. If you register and pay before the 15 September we will offer you a free 30 min individual lesson as part of your coaching package.

Play Group

FREE play every Saturday morning for term 3 in the main hall at Northland Memorial Community Centre, 5 Woburn Road.

Hall is open from 9am-12pm. Everyone welcome.

A Weekend You Deserve!

Who doesn't want the best for their children?

Well the strength of your relationship as parents in love is one of the best gifts you can give to your children.

So why not take time out for just the two of you to enrich your relationship.

Our next weekend is at Silverstream Retreat on the weekend of **6-8 October**.

For more details and bookings phone Angela or David on 0800 362 686, Worldwide Marriage Encounter.

Scouting

Does your child love the outdoors and learning new things?

Northland Scout Group are welcoming both boys and girls to be new keas (age 5-7), cubs (age 8-10.5), or scouts (age 10.5-14). Also have you considered becoming a Scout leader? This is a rewarding way to learn new skills, pass

on your own skills, go on exciting adventures and get involved with your local community. Please contact

Rob@Wallace.gen.nz or see www.facebook.com/NorthlandScouts for more information.

Learn a New Language the Fun Way

FUN French & Spanish language classes for 3 - 12 years olds

- Lots of fun activities, drama, music & games taught in a relaxed and friendly atmosphere!
- Language resources available to support parents at home.
- Free Trial Lesson Available
- After-school, lunchtime and pre-school French classes available throughout Wellington.
- Spanish classes are waiting to start depending on class numbers.
- New: Easy online registration

Contact: Annick on 021 462 042 or email annick@lcclubs.co.nz or visit www.lcclubs.co.nz for more information.