

Wellington Youth Theatre

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Drama Club

Karori Lawn Tennis Club

Learn a New Language the Fun Way!

Irish Dancing Classes

Drama Classes

Guitar, Ukulele, Bass Guitar, and Singing lessons

Scouts NZ

Tawa Recreation Centre April School Holiday Programme

The Rock Academy Holiday Programme

Uptown Bounce- Book for Parties

Heart Foundation Free Information Sessions

Wellington Youth Theatre

April 16-19 Holiday Camp, Gryphon Theatre, 22 Ghunzee Street, City

“Robin Hood and the Proposal” ACTING ✪ STAGECRAFT ✪ COSTUMES ✪ PERFORMING ✪ FUN

Students audition, rehearse and perform a fully costumed play in 4 days! Every student gets a role with dialogue - Strictly limited places - Fabulous Costumes

Ages: 7 to 13 years Hours: Open 8am-4pm; Program operates 9am-3pm; Performance 2pm Friday Fees: \$285 (Includes script, rights, costumes, make-up & performance certificate) Register: www.ctcnz.actingantics.com or contact admin@actingantics.com

Wilderkids School Holiday Programme Open for Bookings

Sustainability Trust's outdoor holiday programme for kids is running again from April 16 to 27. Based at Innermost Gardens and in Wellington Town Belt, the programme gets kids aged 5 to 12 exploring nature and learning about sustainability in a fun, hands-on way. Different activities every day, from making chutney with wild plants to learning bush survival skills. \$56 a day per child, and we have \$10 places available for families with a Community Services Card. More details and bookings on www.sustaintrust.org.nz/wilderkids

Pride Lands Fun Holiday Adventures

AUTUMN HOLIDAYS AT OTARI SCHOOL AND BERHAMPORE SCHOOL

Dates: April 16 – 27 2018 from 7.00am-7pm daily.

Fees: Daily \$81/cub per session or \$148 for two or more siblings per session; Weekly: \$239 per cub/week or \$449 for two or more siblings/week. Discounts/Funding Available: Wild Card (15%) off across all our services and MSD approval providing WINZ Subsidies for eligible families.

Social Development: Interactive Activities and NO TV or Video Games. Kai Cubs Cooking and Life Skills Programme designed to teach our children how to prepare. Healthy Morning Tea, Lunch and Afternoon Teas. Qualified 1st Aid Trained Activities Coordinators. One-on-One Care: Available for cub(s) if extra support is needed. SHUTTLE SERVICES (with booster seats) AVAILABLE. Please contact us: 0800 PRIDE 4 U Or Register online: www.pridelands.org.nz or. Visit our Facebook page: www.Facebook.com/PrideLandsChildcare

MSP Junior Rugby – Forming Western Suburbs teams

At MSP Junior Rugby is about children enjoying their sport and developing their skills in a fun, safe and family oriented environment. We have a vibrant club culture with a strong family atmosphere! We are currently focussed on forming MSP teams **based in the Western suburbs** where possible! Kids playing with their school mates and friends – the way it should be! Register online at www.msprugby.co.nz or come to a registration event we are holding at St Benedict's School library at 5.30pm on Tuesday 27 March. New players to MSP only \$20 for the season. Free rugby ball and mouth-guard for registered players!

Zumba Fitness in Northland

Would you like to try out a Zumba Fitness class? Zumba classes are held at the Northland Memorial Community Centre, 5 Woburn Road, Northland. Come along and experience the benefits of Zumba Fitness. Classes are suitable for beginners and all levels of fitness. Options will be given to suit your fitness needs.

WHEN: Wednesday 7.30pm – 8.30pm (Lower Hall) Friday 6.15pm – 7.15pm (Main Hall) \$8 per class, students \$5. **FIRST CLASS FREE.** 5 and 10 trip tickets are available. **Contact:** Annick 021 462 042 or email zumbawithannick@gmail.com

Northland Kids Holiday Programme, 16 – 27 April

Join us in our adventures each day as we're out-and-about in the Wellington area. We'll be ice-skating, swimming, go-karting and barbecuing, playing laser tag, going to a puppet theatre production, and doing breakdancing & jive – not to mention Time Cinema, where we'll see a selection of original cartoons and films. \$45 per child per day (third child onwards :\$20), 8.30 a.m to 6 p.m each day. For details, check out our website (www.nkc.org.nz), or contact Jan on cell (022-140-2612), e-mail (nkc.jan@gmail.com).

Makara School – Voting for STEM Resources

Please support local Makara Model School to win up to \$25,000 in STEM resources by voting once a day until 2 April at <http://www.schoolgen.co.nz/voteforyourschool/> It's quick and easy and you won't get junkmail. They are the top-ranked Wellington school and with the support of our community they can make it into the top 5 to go through to the judging round

Little Dog Barking Children's Theatre presents "Twinkle"

16 April at Te Papa in Wellington (no bookings required for Te Papa) - **17 April** at Little Theatre in Lower Hutt - **19 April** at St Peter's Village Hall in Paekakariki - **24-28 April** at BATS Theatre in Wellington. Suitable for ages 2-8 years old. For ticketing and further information: info@littledogbarking.co.nz or 021 042 1851. www.littledogbarking.co.nz

Karori Junior Football Registration is OPEN

We would love for your child (age 5-17) to play football this winter with Karori FC. You can find out more details at www.karorijuniorfootball.co.nz.

Springboard & Platform Diving at Kilbirnie Pool

Wellington Diving Club runs diving classes for kids aged 5 years and up (plus separate Adult training sessions). Try something new - visit our website and come along for a 30min Trial Lesson! After-school sessions available on Tues/Wed/Thursdays and we cater for kids of any level from beginners to competitive.

For more information, please visit our website www.wellingtondiving.org.nz or call/text Barbara on 027 485 8888.

Raroa Music Centre Enrolments for 2018

Raroa Music Centre offers Saturday morning group music lessons for primary school children at low cost. Although many of our classes are full, we still have some places available for trumpet, clarinet and choir. To enrol enquire or please visit our website at www.raroamusic.org.nz

Easyswim Swim School Term One Lessons

- Term one lessons have started, however it's not too late to book. Early Childhood from 3 months – 3 years, Pre School and School age lessons are all go. We have waiting lists on some levels, times and days but also the odd space here and there.
 - Easyswim's Splash Attack - a fun, non-contact water polo programme which involves learning and developing game sense plus passing & catching skills. Splash Attack is starting soon at the Plimmerton School pool on 14th February and Johnsonville School pool on 9th February.
- To book call on 2347946 email book@easyswim.co.nz or visit www.easyswim.co.nz for more information.

Fencing Classes for Children with Wellington Swords Club

Children 6 – 11yrs	Tuesdays 6 – 7pm	Tanera Park, Brooklyn (Old Bowling Club)
	Wednesdays 6 – 7pm	Tanera Park, Brooklyn (Old Bowling Club)
Children 11+	Saturdays 9 – 10.15am	Wellington High School gym, Taranaki Street

Other classes and individual lessons, college, adults, social, beginners to international
Contact Head Coach: Vicci Lamb (T) 970 7496 or bishop.lamb@pistingaround.com

Drum Lessons

A FUN APPROACH to Drum Lesson's for 2018! Mark Lockett B.Mus Perf Jazz, Dip Mus
Recently returned from performing & teaching in NYC. For more information visit www.drumlab.co.nz or phone 021 0433 663

Join Life Flight for their Open Day on the 18th March

It will be a an exciting day bursting with interactive displays, emergency services' demonstrations, entertainment, yummy food, prizes and even Police puppies! The day offers a whole range of activities and makes an awesome family day out. We hope to see you there.

Otari Parish Youth Group

Bigair Gymsports Tawa

If you have a child who loves doing handstands, cartwheels, walkovers, flips, or cheerleading, then they will love Bigair Gym! At Bigair Gymsports, kids love Gymnastics, Trampoline, Tumbling, Parkour, and Cheerleading! We have classes to support children of all levels and interests. As children learn new gym skills they will increase their flexibility, balance, coordination, strength, and fitness. The benefit for our children is that they learn extensive personal skills from Gym, which includes; increased self-confidence, self-reflection, listening skills, persistence, self-pride, and so much more! It is highly recommended that children start gymnastics from 3yrs, as it provides excellent preparation for starting school. Once children are at school, gym is beneficial as it replicates the fundamental learning processes which supports children's learning at school, so the advantages and

rewards are substantial. Did you know that Bigair Gym also offer Birthday Parties? To find out more, please call our Bigair Gym Tawa on 2323508 or email office@bigairgym.co.nz.

Kelburn Brownies have places available for 2018!

Brownies is about learning, developing self-confidence, making new friends and, of course, having lots of fun outside school! Our programme is provided in a safe environment. We get together each week for outdoor adventures, conservation activities, cooking, crafts, games and community action projects – all challenging the girls to achieve and grow.
Kelburn Brownies meet on a Tuesday from 4.30pm – 6pm. Contact kelburnbrownies@gmail.com or 0220 963 973

RAISING RESILIENT KIDS
2018

PARENTS YOU ARE WELCOME

Building resilience helps children not only to deal with current difficulties that are a part of everyday life, but also to develop the basic skills and habits that will help them deal with challenges later in life, during adolescence and adulthood.

Resilience is important for children's mental health. Children with greater resilience are better able to manage stress, which is a common response to difficult events.

TIME: 7 PM - 9PM
DATE: MAY 1ST

LIFESWITCH
3 REYNOLDS BACH DR
SILVERSTREAM, WELLINGTON

\$10 pp- or \$15 per couple

REGISTER NOW AT
WWW.LEADERSHIPWORX.ORG.NZ

OUR SPEAKER

Kathryn Berkett
Masters in Educational Psychology

Raising Resilient Kids

Drama Club

After school Speech & Drama classes for children. I have small classes of approximately 6-8 pupils and all classes are grouped by age. Solo/group drama examinations are available for children of all ages. Please check the online class times for more details. Enrol your child at www.dramaclub.co.nz, or email Bridie at admin@dramaclub.co.nz. Alternatively you can contact Bridie on 021 054 2593

Karori Lawn Tennis Club

Karori Lawn Tennis Club, 226 Karori Road, has spaces for tennis coaching for children on Wednesday, Thursday and Friday after school. Our younger players who are relatively new to the game have lessons at 3:15, while our older players are at either 4:15 or 5:15. For more information, please contact Margaret Johanson at kltcjuniorstennis@gmail.com

Learn a New Language the Fun Way!

FUN French language classes 5 - 12 years olds

- Lots of fun activities, drama, music & games taught in a relaxed and friendly atmosphere!
- Language resources available to support parents at home. Free Trial Lesson Available

- After-school, lunchtime and pre-school French classes available throughout Wellington. Spanish classes planned in 2018. Contact: Annick on 021 462 042 or email annick@lcclubs.co.nz or visit www.lcclubs.co.nz for more information.

Irish Dancing Classes

IRISH DANCING AT St Ninian's Church, Karori - REELJIG IRISH DANCERS has weekly classes for children wishing to learn Irish Dancing. Beginners class on WEDNESDAY from 3.30-4.00pm PH:Laura:022 396 0238 E: reeljigoffice@gmail.com

Drama Classes

Our international curriculum will:

Help explore Performance skills, creativity, Overcome shyness, Develop positive self esteem,

Grow their imagination, Interact with adults, Make new friends. Have lots of fun. **Fun after-school classes – 5 – 17 years Held in Khandallah, Tawa, Lower Hutt, Whitby** To enrol please call or see our website. **0800 161 131 www.helenogradynz.co.nz**

Guitar, Ukulele, Bass Guitar, and Singing lessons

Available with music tutor Andrew McPartlin. The lessons are held at school and the cost is \$10 per session.

Contact andymcpmusic@outlook.com or **0210323659** for bookings or more information.

KEAS CUBS SCOUTS VENTURERS ROVERS LEADERS

Scouting offers fun and friendship, challenge and everyday adventure to 15,000 girls and boys across New Zealand. We have a positive impact on young people and have vacancies in your area.

ADVENTURE PLUS!

For more information: Please call or email us 0800SCOUTS or LNI@scouts.org.nz

Keas – ages 5-8
Cubs – ages 8-11
Scouts – ages 11-14

SCOUTS New Zealand

0800SCOUT scouts.org.nz

Scouts NZ

Tawa Recreation Centre April School Holiday Programme

Registrations for our April School Holiday Programme are now open.

We have an exciting line up where your child will try something new or enjoy their favourites. Don't forget we provide before care starting at 7.45am as well. We are an OSCAR approved programme. Go to <https://wellington.govt.nz/recreation/stuff-for-kids/school-holidays> and register.

The Rock Academy Holiday Programme

Gives young singers and musicians the chance to bond with fellow creatives. Every morning they learn new modern songs and then take them to the street. At 12:30pm we go busking and the

money they make (and keep) brings a new enthusiasm towards music. Song writing is another great activity that inspires these young musicians. Most instruments are welcome and we have battery power keyboards for the keyboardists/pianists. Please note the second week Wednesday is Anzac day. We will run the Tuesday before and then the Thursday and Friday after.

Location: St Patrick's Parish Hall, [5 Rongotai Road Kilbirnie](#)

Time: Starts at 9:00am and finishes at 3:00pm. Drop off 8:45am. **April:** 16th to 18th Monday to Wednesday. \$195 for the 3 day week. **April:** 24th Tuesday, 26th Thursday and 27th Friday. (Wednesday is Anzac day and we will not be running on this day). \$195 for the 3 day week.

Activities include: Daily Busking Trips – Great for building confidence in young musicians. The money is a motivating factor too. As a group they can make over \$200 per day and they get to keep the money.

Group Jam Sessions Acoustic – Being surrounded by other likeminded individuals is inspiring and elevates the learning process. This is where they learn lots of new modern pop and rock songs.

The Rock Academy's Got Talent - Pupils learn how to audition, introduce themselves, hold eye contact and perform a piece to take out the Rock Academy's Got Talent trophy.

Singing Lessons/Exercises - Singing exercises, warm up's and scales every morning.

Technique Up Skill Sessions - Learning new riffs, licks, chords, tricks and techniques.

Industry Workshops - Learning what it means to be a successful musician however ambitious or unambitious that may be.

Solo and Group Songwriting Sessions - Pupils are asked to write their own songs over the three days. They can be a bit nervous about this at the start but finish the week confident about the whole experience.

It's lots of fun and very educational. Their musicianship level can go through the roof with consecutive days of playing and singing. We take them busking every day outside Unichem Pharmacy, Bay Road Kilbirnie at around 1230pm. For bookings or more information please [contact](#) us today.

School Holiday and After School Computer Classes for ages 5 – 15

New class; Stop Motion Animation. Also Minecraft, Learn to Code in Scratch, Python or Java, Create 3D Games, Web Design, Video Editing, Build a PC and if young, the Discovery Computer Class. For further information call 499 2211 or visit www.grandtraining.co.nz. **Wellington City Venue:** [2 Woodward St](#) Corner Lambton Quay and Woodward St.

Uptown Bounce- Book for Parties



UPTOWN BOUNCE PARTIES
BOOK THE HEALTHIEST PARTY IN TOWN THIS MONTH & THE BIRTHDAY PERSON BOUNCES AND EATS FOR FREE!

No cooking. No clean up. No stress!
1-hour bounce & a catered lunch in your own private party room.
\$35 per person. 10 person minimum.

BOOK NOW
UPTOWNBOUNCE.CO.NZ/PARTIES

Heart Foundation Free Information Sessions



Living with Heart Failure? You are not alone

The Heart Foundation is hosting FREE information sessions across the Wellington region to discuss living with heart failure.

Your local Clinical Nurse Specialists in heart failure will present on understanding and managing heart failure, medical treatments and how to keep well.

You will have the opportunity to share your own experiences or to ask questions about your heart condition. Whānau are also encouraged to come along and share with the group. Light refreshments will be provided.

LOWER HUTT: Tuesday 1 May, 5.30pm – 7.00pm
[Hutt Hospital](#), The Learning Centre, Level 1, Clock Tower Building

WELLINGTON: Tuesday 8 May, 5.30pm – 7.00pm
[St Patrick's Church Hall](#), 1 Childers Terrace, Kilbirnie

PORIRUA: Tuesday 22 May, 5.30pm – 7.00pm
[Kenepeku Hospital](#), The Education Centre, Ground Floor, Main Entrance

KAPITI: Wednesday 30 May, 5.30pm – 7.00pm
[Kapiti Community Centre](#), 15 Ngahina St, Pāpāraumu

Registrations essential. Please register at wellheartfailure.eventbrite.co.nz or by contacting Annette on 04 472 2780 or annettes@heartfoundation.org.nz

This event is organised by the Heart Foundation for people impacted by heart disease and their whānau.

